BRISTOL HOSPITAL

Bariatric Surgery PROGRAM

Bariatric Surgery Review Questionnaire (Quiz)

Patient Name: _____ Instructor Name: _____
Date: _____

Please read each question carefully, then write **T**(true) or **F**(false) on the line next to the statement.

1. _____ Besides the different types of obesity surgery, there are other forms of weight loss programs such as prescription medications, diet and exercise and medically supervised diets that can help a person lose weight.

2. _____ Diabetes, high blood pressure, back pain and similar ailments are **guaranteed** to get better after obesity surgery.

3. _____ Staple or suture lines may leak, resulting in infection or communication between the stomach and the skin.

4. _____ Behavior modification is an important part of obesity surgery and will enhance the success of weight loss.

5. _____ Re-operation is sometimes necessary due to bleeding hernias, ulceration, bursting of stitches or staples, leakage, blockage of the intestines or stomach or other causes.

6. _____ This operation for obesity will commit me to periodic physician follow-up visits for the rest of my life.

7. _____ Weight loss is **guaranteed** after obesity surgery.

8. _____ After gastric bypass, sugars may cause **dumping syndrome.**Symptoms include bloating, cramps, lightheadedness, fast heart rate, sweating and sometimes hypotension. It is recommended after this type of surgery to avoid sodas, candy, sweet fruit, milk shakes and sweetened cereals.

9. _____ After obesity surgery, the patient is committed to taking vitamin and mineral supplements, as well as having periodic nutritional assessments/studies **for life.** This may include periodic vitamin injections.

10. _____ In the United States approximately 1 in 200 patients who have gastric bypass die from surgical complications.

11. _____ Regular exercise is **not** recommended after obesity surgery and does not a_ect the amount of weight that one ends up losing.

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Bariatric Surgery Review Questions (Quiz) cont.

12. _____ Weight loss through obesity surgery involves exercise, changes in the types of food consumed, liquids taken in, the number of meals eaten and how thoroughly the food is chewed.

13. _____ Monthly group support meeting are a crucial part to the success of obesity surgery.

14. _____ Patients **never** feel nauseated or vomit after obesity surgery.

15. _____ Patients can feel quite miserable for the first 24 hours after surgery.

16. _____ Changes in bowel habits may occur and could include diarrhea, constipation, gas and/or foul smelling stool.

17. _____ One cannot gain the weight back after obesity surgery.

18. _____ Obesity surgery is an easy operation and not a very risky one.

19. _____ Complications are always infrequent and minor after obesity surgery, so it is important not to bother the doctor after hours.

20. _____ In order to have obesity surgery, one must be a non-smoker and be committed to avoiding alcohol for at least one year after surgery.

Signature of test-taker: _____